

January 23rd 2024



PIPPA'S
Health Centre Limited

The Fitness Professionals

Dear Taekwondo Academy,

We hope this message finds you well and ready to embrace the exciting journey that awaits in 2024. As we look back on the achievements and growth of our Taekwondo Academy, we are filled with gratitude for the dedication and passion that each of you brings to the dojang.

What's in Store for 2024?

New belt advancements: Get ready to push your boundaries and achieve new heights in your Taekwondo journey. Our dedicated Instructor, Master Stephen, is committed to guiding you through the challenges and successes that come with advancing through the ranks.

As we dive into another exciting season of Taekwondo, we would like to emphasize the profound impact that consistent attendance can have on your Taekwondo journey. Cultivating discipline, building muscle memory and nurturing community are a few of the reasons why we require consistency. Committing to regular attendance instills a sense of responsibility that extends beyond the dojang and into various aspects of life.

Important Dates to Remember:

Examinations: Monday March 11, 2024 and Friday March 15, 2024.

Open House: Monday March 18, 2024.

Train, Transform, Triumph. Stay tuned for more details on these events as they approach.

Registration is now open. Whether you're a beginner or a seasoned black belt, there's always room for growth in the martial arts journey. Visit our website at <http://pippasfitness.com/taekwondo.html> to secure your spot today.

Connect with us on social media for the latest updates, training tips and community highlights. Follow us on Instagram at [taekwondo_pippasgym](#).

As we step into the new year, let's train with focus, discipline and a spirit of continuous improvement!

Best Regards,

Taekwondo Academy Team